

Thursday

Parent and Toddler group 9.00am - 10.50am
This is run by volunteers and gives parents/carers and toddlers and opportunity to meet up and play
School term only

Creative Writing 10.00am - 12.00pm
Learn to write creatively using simple exercises

Art Painting 11.15am - 1.15pm

Adult Education Class. Please see details and book online at joininedinburgh.org or contact adult Education@edinburgh.gov.uk for any queries
Telephone 0131 556 7978 **Term Time Only**

Thursday Club 1.30pm - 4.00pm

Social activities for over 60

Acoustic Guitar Lessons P/B 1.30pm - 3.30pm

Adult Education Class. Please see details and book online at joininedinburgh.org or contact adult. Education@edinburgh.gov.uk for any queries.
Telephone 0131 556 7978 **Term Time Only**

The Currie Group 2.00pm to 4.00pm

This is a small social group focussing on patchwork and quilting techniques. We meet weekly to share ideas and gain inspiration from each others work. The group is made up from experienced quilters although beginners would be welcome

Centre Closed 4.50pm - 5.50pm

Youth Club Drop In S1+ 6.00pm - 8.00pm
Get involved in various activities
School term only

Five Winds—Tai Chi Chuan 7.00pm - 8.45pm
Teaching hand forms including pushing hands and weapon form

Friday

Peep 9.00am - 11.00am
Parents Early Education Partnership
Group for parents/carers and children 0-3yrs
School term only

Tryst Patchwork Group 9.30am - 12.15pm
Machine demonstrations + hand sewn projects

U3a Chess Club (fortnightly) 11.00am - 2.00pm
Serious chess and serious fun!

Bumblebee Sports 13.15pm - 3.15pm

A fun and sporty class for children. See their website for more information

U3ACards + Games (fortnightly) 2.00pm - 4.00pm

U3A Crafts (fortnightly) 2.00pm - 4.00pm

Friday Music Club 2.00pm - 5.00pm

Learn to play various instruments and other musical activities

Centre Closes @ 5:50pm

Weekend Bookings

Space may be available to groups, classes or private functions. **This is subject to janitorial availability**, please enquire at reception for further details.

Written enquiries/questions for the Management Committee can be left at reception and shall be dealt with at the next meeting. After which, you will receive a reply.

PLEASE NOTE

THE PROGRAMME IS SUBJECT TO CHANGE



Programme

July to December 2023

Pentland Community Centre
Oxgangs Brae
Edinburgh
EH13 9LS
0131 445 2871

OPEN Mon to Thurs 9 am - 8:45pm
CLOSED between 4:50pm - 5:50pm
OPEN Friday all day 9am - 5:45pm

www.pentlandcommunitycentre.com



• EDINBURGH •
YOUR COUNCIL - YOUR FUTURE

Monday

With Kids 9.00am - 4.00pm

For referrals only.

Tryst Art Group - Waiting List 10.00am - 12.30pm

Gentle Exercise to Music for over 60s
12.30pm - 1.30pm

Adult Education Class. Please see details and book online at joininedinburgh.org.uk or contact adult. Education@edinburgh.gov.uk for any queries. Telephone 0131 556 7978 **Term Time only**

Pilates Beginners 2.00pm - 3.00pm

Adult Education Class. Please see details and book online at joininedinburgh.org.uk or contact adult. Education@edinburgh.gov.uk for any queries. Telephone 0131 556 7978. **Term Time only**

Yoga with Kerry 2.00pm - 3.00pm
Suitable for beginners to intermediate. Alternatives for remaining seated throughout will be available. text /phone Kerry 07804371901 for more details.

Little Tigers 3.45pm - 4.25pm
A fun martial art for children aged 3-5yrs
www.uktc.co.uk

Centre Closed 4.50pm - 5.50pm

Taekwondo 6.00pm - 7.00pm
A fun martial art for children aged 5yrs+
www.uktc.co.uk

Narcotics Anonymous 6.00pm - 7.30pm

Jump Edinburgh

women only Fitmix 6.30pm
Insanity Mixed Class 7.30pm
Exercise Class

Boxing Fitness Bootcamp 7.45pm - 8.45pm

Hatton Boxing for Fitness – Boxing Bootcamp

Tuesday

Weight Management Adult Healthy Weight

For Referrals only 9.00am - 11.00am

Patchwork Group 10.00am - 12.00pm
A Group designing and making quilts

Line Dancing 12.00pm - 1.00pm
Dance to good music, get fit + have fun

Linus Project Group (fortnightly) 1.30pm - 4.00pm
A group making lovely quilts for charity

Simon Says

3.15pm to 4.40pm

Centre Closed 4.50pm - 5.50pm

The Reel Creative Hub 6.00pm - 8.00pm
For pupils aged P7-S2
Get involved in various creative digital projects.
School term only

Hoopers 6.00pm - 7.00pm
A centre group affiliated to Chest, Heart & Stroke Scotland

Karate 7.30pm - 8.30pm
Traditional Shukokai Karate affiliated to Shukokai International – Adults class (16+)

Wednesday

Peep 9.00am - 11.00am

Parents Early Education Partnership
Group for parents/carers and children 0-3yrs
School term only

Fuschia Pilates - Beginners 9.30am - 10.15am

Fuschia Pilates - all levels 10.30am - 11.30pm

Watercolour 2.00pm - 4.00pm

Adult Education Class. Please see details and book online at joininedinburgh.org.uk or contact adult. Education@edinburgh.gov.uk for any queries. Telephone 0131 556 7978. **Term Time only**

Chair Yoga with Kerry 3.00pm - 4.00pm

text /phone Kerry 07804371901 for more details.

Centre Closed 4.50pm - 5.50pm

P5–P7 Youth Club 6.00pm - 7.30pm
Drop in for young people - School term only

D.I.Y. Crafting 6.45pm - 8.45pm
Variety of craft activities with emphasis on fun and creativity

Women Only Boexercise 6.00pm - 7.00pm
This class will be held outside.
Contact Jump Edinburgh for details

Yoga with Kerry 7.15pm - 8.15pm
text /phone Kerry 07804 371901 for more details.