

Monday

With Kids

For referrals only

9am - 4pm

LOUNGE

Tryst Art Group

Waiting List To Join

10am - 12:30pm

MAIN HALL

Gentle Exercise to Music for over 60s

ADULT EDUCATION CLASS

10:45am - 11:45am

To join classes see info panel on bottom of Friday's page

SPORTS HALL

Pilates Beginners

ADULT EDUCATION CLASS

12pm - 1pm

To join classes see info panel on bottom of Friday's page

SPORTS HALL

Yoga with Kerry

2pm - 3pm

Suitable for beginners to intermediate. Alternatives for remaining seated throughout will be available.

Text or phone Kerry **07804 371901** for more details

MAIN HALL

Little Tigers

3:45pm - 4:25pm

A fun martial art for children aged 3-5yrs
www.uktc.co.uk

MAIN HALL

Centre Closed 4:50pm - 5:50pm

Taekwondo

6pm - 7pm

A fun martial art for children aged 3-5yrs
www.uktc.co.uk

SPORTS HALL

Narcotics Anonymous

6:30pm - 7:30pm

Closed group
www.ukna.org

LOUNGE

Jump Edinburgh

6:30pm - 7:30pm

Exercise Class

MAIN HALL

Boxing Fitness Bootcamp

7:45pm - 8:45pm

Hatton Boxing for Fitness

SPORTS HALL

Tuesday

Patchwork Group

A group designing and making quilts

9am - 12:15pm

MAIN HALL

Weight Management Adult Healthy

For referrals only

9:30am - 10:45am
11am - 2pm

SPORTS HALL & LOUNGE

Line Dancing

Dance to good music, get fit, have fun

12pm - 1pm

SPORTS HALL

Linus Project Group

FORTNIGHTLY

A group making lovely quilts for charity

1:30pm - 4pm

LOUNGE

LiN Group

Closed group

1:30pm - 3:30pm

SPORTS HALL

French For Fun

French conversation classes
jamestallent@msn.com

2:15pm - 4:15pm

COMPUTER ROOM

Simon Says Dance

P1-P2 Commercial
P3-P7 Commercial

free trial at www.simonsaysdance.com

3:15pm - 3:55pm
4pm - 4:40pm

MAIN HALL

Centre Closed 4:50pm - 5:50pm

The Reel Creative Hub

SCHOOL TERM ONLY

For pupils aged P7-S2
Get involved in various creative digital projects.

6pm - 8pm

SPORTS HALL, COMPUTER ROOM & KITCHEN

Hoopers

A centre group affiliated to Chest, Heart & Stroke Scotland
For Referrals Only

6pm - 7pm

MAIN HALL

Karate

Traditional Shukokai Karate affiliated to Shukokai International - Adults class (16+)

7:30pm - 8:30pm

MAIN HALL

Wednesday

PEEP Learning Together

SCHOOL TERM ONLY

Parents Early Education Partnership Group for parents/carers and children 1-3yrs

9:30am - 11am

SPORTS HALL

Fuschia Pilates

BEGINNERS

9:30am - 10:15am

MAIN HALL

Fuschia Pilates

ALL LEVELS

10:30am - 11:30am

MAIN HALL

French For Fun

French conversation classes
jamestallent@msn.com

1:30pm - 3:30pm

COMPUTER ROOM

Watercolour

ADULT EDUCATION CLASS

To join classes see info panel on bottom of Friday's page

2pm - 4pm

MAIN HALL

Chair Yoga with Kerry

Text or phone Kerry **07804 371901** for more details.

3pm - 4pm

LOUNGE

Centre Closed 4:50pm - 5:50pm

P5 - P7 Youth Club

SCHOOL TERM ONLY

Drop in for young people

6pm - 7:30pm

SPORTS HALL, COMPUTER ROOM & KITCHEN

DIY Crafting

Variety of craft activities with emphasis on fun and creativity

6:45pm - 8:45pm

LOUNGE

Woman Only Boxercise

This class will be held outside except in January when it will be held in the Main Hall
Contact Jump Edinburgh for details

6pm - 7pm

OUTSIDE

Yoga with Kerry

Text or phone Kerry **07804 371901** for more details.

7:15pm - 8:15pm

MAIN HALL

Thursday

Parents and Toddler Group

SCHOOL TERM ONLY

9:15am - 10:50am

Run by volunteers - gives parents/carers & toddlers the opportunity to meet up and play

SPORTS HALL

Creative Writing

10am - 12pm

Learn to write creatively using simple exercises

LOUNGE

Art Painting

ADULT EDUCATION CLASS

11am - 1pm

To join classes see info panel on bottom of Friday's page

SPORTS HALL

Thursday Social Club

1:30pm - 4pm

Social activities for over 60s

MAIN HALL

Acoustic Guitar Lessons

POST BEGINNER

ADULT EDUCATION CLASS

1:15pm - 3:45pm

To join classes see info panel on bottom of Friday's page

COMPUTER ROOM

Edinburgh Community Food

Out & About Cook Club

1:45pm - 4pm

Cooking & eating together

KITCHEN & MEETING AREA

The Currie Group

2pm - 4pm

This is a small social group focusing on patchwork and quilting techniques.

LOUNGE

Centre Closed 4:50pm - 5:50pm

Youth Club Drop In S1+

SCHOOL TERM ONLY

6pm - 8pm

Get involved in various activities

SPORTS HALL, LOUNGE & KITCHEN

Five Winds Tai Chi Chuan

7pm - 8:45pm

Teaching hand forms including pushing hands and weapon form

MAIN HALL

Friday

PEEP Learning Together

SCHOOL TERM ONLY

9:30am - 11am

Parents Early Education Partnership Group for parents/carers and children 0-1yrs

SPORTS HALL

Tryst Patchwork Club

9:30am - 12:15pm

Machine demonstrations and hand sewn projects

MAIN HALL

U3A Chess Club

FORTNIGHTLY

11am - 2pm

Serious chess and serious fun!

SPORTS HALL

Bumblebee Sports

1:15pm - 3:15pm

A fun and sporty class for children
bumblebeesports.co.uk

MAIN HALL

U3A Cards & Games

FORTNIGHTLY

2pm - 4pm

LOUNGE

U3A Crafts

FORTNIGHTLY

2pm - 4pm

LOUNGE

Friday Music Club

2pm - 5pm

Learn to play various instruments and other musical activities

SPORTS HALL, COMPUTER ROOM & KITCHEN

Centre Closes 5:50pm



Adult Education Classes

TERM TIME ONLY

Please see details and book online at joinededinburgh.org or contact adult.education@edinburgh.gov.uk for any queries. Telephone 0131 556 7978

PENTLAND COMMUNITY CENTRE

PROGRAMME February 2024

LAST UPDATED - 9 FEB 2024



ADDRESS

Pentland Community Centre
Oxgangs Brae
Edinburgh
EH13 9LS



PHONE

0131 445 2871



WEBSITE

pentlandcommunitycentre.com

| DAY | OPEN | CLOSE |
|-----------|------------------------------|----------|
| Mon - Thu | 9am | 8:45pm |
| | SHUT BETWEEN 4:50PM - 5:50PM | |
| Friday | 9am | 5:45pm |
| Sat - Sun | CLOSED * | CLOSED * |

Weekend Bookings

Space *may* be available for groups or private functions. This is **subject to janitorial availability** and will incur additional fees, please enquire at reception for further details.

Management Committee

Written enquiries / questions for the Management Committee can be left at reception and shall be dealt with at their next meeting. After which, you will receive a reply.

A charity registered in Scotland No. SC049029

EDINBURGH
THE CITY OF EDINBURGH COUNCIL